

Blue Bear

Nutrition Facts

Serving size
1 Donut (54g)

Calories
per serving

240

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 20g	26 %	Dietary Fiber 7g	25 %
Saturated Fat 9g	45 %	Total Sugars 1g	
Trans Fat 0g		Includes 0g Added Sugars	
Cholesterol 0mg	0%	Sugar Alcohol 3g	0%
Sodium 80mg	3%	Protein 5g	
Total Carbohydrate 15g	5%		
Vitamin D 1.5mcg 8% • Calcium 20mg 2% • Iron 1.1mg 6% • Potassium 120mg 2%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ROASTED SUNFLOWER SEEDS, PREBIOTIC SOLUBLE FIBER FROM TAPIOCA, *UNREFINED VIRGIN COCONUT OIL, *CACAO BUTTER, ERYTHRITOL, OLIGOSACCHARIDES, *COCONUT FLOUR, *BLUEBERRIES, *DEHYDRATED COCONUT MILK, *ACACIA FIBER, *TAPIOCA DEXTRIN (DERIVED FROM YUCA ROOT), NATURAL FLAVOR, *GREEN BANANA, *GOLDEN FLAXSEED, *TAPIOCA STARCH, *AÇAÍ POWDER, BAKING SODA (SODIUM BICARBONATE), XANTHAN GUM. * = ORGANIC

CONTAINS: COCONUT

MANUFACTURED IN A FACILITY THAT MAY ALSO PROCESS: MILK, EGG, WHEAT, NUTS & SOY

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